

<p style="text-align: center;"><b>TABLE I</b></p> <p style="text-align: center;"><b>Categories of Foods of Minimal Nutritional Value Per Federal Regulations 7 CFR 210.2 and 220.2, 1980.</b></p>	<p style="text-align: center;"><b>TABLE II</b></p> <p style="text-align: center;"><b>List of Nutritious Foods Permissible to be Offered For Sale in California Schools Per AB 753-Torres, 1979.</b></p>																																
<ol style="list-style-type: none"> <li>1. Soda Water</li> <li>2. Water Ices - Does not include water ices which contain fruit or fruit juices.</li> <li>3. Chewing gum</li> <li>4. Certain Candies - Processed foods made predominantly from a sweetener or artificial sweetener with a variety of minor ingredients which characterize the following types: <ol style="list-style-type: none"> <li>a. Hard Candy – a product made predominately from sugar (sucrose) and corn syrup which may be flavored and colored, is characterized by a hard, brittle texture, and includes such items as sour balls, fruit balls, candy sticks, lollipops, after dinner mints, sugar wafers, rock candy, cinnamon candies, breath mints, jaw breakers, and cough drops.</li> <li>b. Jellies and Gums – a mixture of carbohydrates which are combined to form a stable gelatinous system of jelly-like character, and are generally flavored and colored, and include gum drops, jelly beans, jellied and fruit-flavored slices.</li> <li>c. Marshmallow Candies – an aerated confection composed of sugar, corn syrup, invert sugar, 20 percent water, and gelatin or egg white to which flavors and colors may be added.</li> <li>d. Fondant – a product consisting of microscopic-sized sugar crystals which are separated by a thin film of sugar and/or invert sugar in solution such as candy corn, soft mints.</li> <li>e. Licorice – a product made predominantly from sugar and corn syrup which is flavored with an extract made from the licorice root.</li> <li>f. Spun Candy – a product that is made from sugar that has been boiled at high temperature and spun at a high speed on a special machine.</li> <li>g. Candy Coated Popcorn – popcorn which is coated with a mixture made predominantly from sugar and corn syrup.</li> </ol> </li> </ol>	<table border="0" style="width: 100%;"> <thead> <tr> <th style="text-align: left;">Food Groups/Items</th><th style="text-align: left;">Comments</th></tr> </thead> <tbody> <tr> <td colspan="2"><u>Milk/Dairy Products</u></td></tr> <tr> <td>Milk, Cheese, Yogurt, Frozen yogurt, Ice cream</td><td></td></tr> <tr> <td colspan="2"><u>Juices</u></td></tr> <tr> <td>Fruit juices, Vegetable juices</td><td>Must contain 50% or more full-strength fruit juice.</td></tr> <tr> <td>Fruit nectars</td><td>Must contain 35% or more full-strength fruit juice.</td></tr> <tr> <td colspan="2"><u>Fruits/Vegetables</u></td></tr> <tr> <td>Fresh, frozen, canned and dried fruits and vegetables</td><td></td></tr> <tr> <td colspan="2"><u>Nuts</u></td></tr> <tr> <td>Nuts, seeds, nut butters</td><td></td></tr> <tr> <td colspan="2"><u>Bread/Grain Products</u></td></tr> <tr> <td>Crackers, bread sticks, tortillas, pizza, pretzels, bagels, muffins</td><td>Nonconfection grain products as defined by of the U.S. Food and Drug Administration.</td></tr> <tr> <td colspan="2"><u>Meats</u></td></tr> <tr> <td>Meat, poultry, beef jerky, pizza, chili</td><td></td></tr> <tr> <td colspan="2"><u>Legumes</u></td></tr> <tr> <td>Legumes, legume products, bean burritos, bean dip, roasted soy beans, soups</td><td></td></tr> </tbody> </table>	Food Groups/Items	Comments	<u>Milk/Dairy Products</u>		Milk, Cheese, Yogurt, Frozen yogurt, Ice cream		<u>Juices</u>		Fruit juices, Vegetable juices	Must contain 50% or more full-strength fruit juice.	Fruit nectars	Must contain 35% or more full-strength fruit juice.	<u>Fruits/Vegetables</u>		Fresh, frozen, canned and dried fruits and vegetables		<u>Nuts</u>		Nuts, seeds, nut butters		<u>Bread/Grain Products</u>		Crackers, bread sticks, tortillas, pizza, pretzels, bagels, muffins	Nonconfection grain products as defined by of the U.S. Food and Drug Administration.	<u>Meats</u>		Meat, poultry, beef jerky, pizza, chili		<u>Legumes</u>		Legumes, legume products, bean burritos, bean dip, roasted soy beans, soups	
Food Groups/Items	Comments																																
<u>Milk/Dairy Products</u>																																	
Milk, Cheese, Yogurt, Frozen yogurt, Ice cream																																	
<u>Juices</u>																																	
Fruit juices, Vegetable juices	Must contain 50% or more full-strength fruit juice.																																
Fruit nectars	Must contain 35% or more full-strength fruit juice.																																
<u>Fruits/Vegetables</u>																																	
Fresh, frozen, canned and dried fruits and vegetables																																	
<u>Nuts</u>																																	
Nuts, seeds, nut butters																																	
<u>Bread/Grain Products</u>																																	
Crackers, bread sticks, tortillas, pizza, pretzels, bagels, muffins	Nonconfection grain products as defined by of the U.S. Food and Drug Administration.																																
<u>Meats</u>																																	
Meat, poultry, beef jerky, pizza, chili																																	
<u>Legumes</u>																																	
Legumes, legume products, bean burritos, bean dip, roasted soy beans, soups																																	

**NOTE:** Table I lists foods of minimal nutritional value under the federal regulations. Table II lists nutritious foods as defined in the Torres legislation.